

Prevention, Community, Cultural Supports



The strongest systems prevent crises before they happen.

Why it matters? Prevention builds resilience, reduces stigma, and strengthens communities long-term.

What we're addressing?

- Youth risk, trauma, and early substance use
- Lack of culturally grounded prevention options

What this plan supports?

- Community-based and culturally grounded prevention
- Youth leadership, mentoring, and safe spaces
- Family and intergenerational supports

Key Investments

- Community-based and culturally grounded prevention programs
- Youth leadership, mentoring, and after-school initiatives
- Family, kinship, and intergenerational supports
- Community education and stigma reduction efforts

Budget

Year	%	Level	Justification
1	10%	\$101,142.33	This is critical component identified in the ESIM to overall system effectiveness and likely will not be Medicaid eligible services so a consistent investment. Investing in behavioral health prevention provides the best ROI by reducing long-term costs.
2	10%	\$101,142.33	Same as Year 1, sustained investment phase with performance and evaluation outcomes that will attract local, tribal, and State investments to enhance and scale.
3	10%	\$101,142.33	

3-Year Targets

- Reach 1,000+ youth and families annually with prevention supports
- Increase youth and community engagement in protective activities
- Reduce downstream demand on crisis and emergency services over time

Impact: Stronger, healthier communities and fewer behavioral health emergencies.

